

Thursday, February 18, 2021

Psalm 1: 1- 3 (Contemporary English Version)

The truly happy person doesn't follow wicked advice, doesn't stand on the road of sinners, and doesn't sit with the disrespectful. Instead of doing those things, these persons love the LORD's Instruction, and they recite God's Instruction day and night! They are like a tree replanted by streams of water, which bears fruit at just the right time and whose leaves don't fade. Whatever they do succeeds.

Teresa of Avila from ***The Book of Her Life***, Chapter 11

The beginner must realize that in order to give delight to the Lord he is starting to cultivate a garden on very barren soil, full of abominable weeds. His Majesty pulls up the weeds and plants good soil. Now let us keep in mind that all of this is already done by the time a soul is determined to practice prayer and has begun to make use of it. And with the help of God we must strive like good gardeners to get these plants to grow and take pains to water them so that they don't wither but come to bud and flower and give forth a most pleasant fragrance to provide refreshment for this Lord of ours. Then He will often come to take delight in this garden and find His joy among these virtues.