

Tuesday, February 23, 2021

John 1: 1 – 5 (New International Version)

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it.

From ***Wisdom of the Desert Fathers and Mothers***

A brother asked Abba Rufus, "What is interior peace, and what use is it?" The old man said, "Interior peace means to remain sitting in one's cell with fear and knowledge of God, holding far off the remembrance of wrongs suffered and pride of spirit. Such interior peace brings forth all the virtues, preserves the monk from the burning darts of the enemy, and does not allow him to be wounded by them. Yes, brother, acquire it. Keep in mind your future death, remember that you do not know at what hour the thief will come. Likewise be watchful over your soul."